



# INFOBOOK

EUROPEAN TRANSPLANT SPORTS CHAMPIONSHIPS 2024

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# 1. PROGRAM

## Saturday 20 July

- 10:00 - 20:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental

## Sunday 21 July

- 08:00 - 20:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 16:00 - 16:45
  - Team Managers Meeting at NOVA FCSH – Room B305 (Tower B, Floor 3)
- 18:00 - 19:00
  - Opening Ceremony at Jardim Vasco da Gama

## Monday 22 July

- 08:00 - 11:00 / 15:00 - 18:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 09:00 - 18:00
  - Sports Competitions
- 18:00 - 19:00
  - Team Managers' Meeting at NOVA FCSH – Room B305 (Tower B, Floor 3)

## Tuesday 23 July

- 08:00 - 11:00 / 15:00 - 18:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 09:00 - 18:00
  - Sports Competitions
- 18:00 - 19:00
  - Team Managers' Meeting at NOVA FCSH – Room B305 (Tower B, Floor 3)

### **Wednesday 24 July**

- 08:00 - 11:00 / 15:00 - 18:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 09:00 - 18:00
  - Sports Competitions
- 18:00 - 19:00
  - Team Managers' Meeting at NOVA FCSH – Room B305 (Tower B, Floor 3)
- 19:00 – 21:00
  - Cultural Evening at NOVA FSCH

### **Thursday 25 July**

- 08:00 - 11:00 / 15:00 - 18:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 09:00 - 18:00
  - Sports Competitions
- 18:00 - 19:00
  - Team Managers' Meeting at NOVA FCSH – Room B305 (Tower B, Floor 3)
- 19:00 - 20:00
  - EHLTF General Assembly at NOVA FCSH – Room B305 (Tower B, Floor 3)
- 19:00 - 20:00
  - ETDSF General Assembly at NOVA FCSH - Room B307 (Tower B, Floor 3)

### **Friday 26 July**

- 08:00 - 11:00 / 15:00 - 18:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 09:00 - 18:00
  - Sports Competitions
- 18:00 - 19:00
  - Team Managers' Meeting at NOVA FCSH – Room B305 (Tower B, Floor 3)

### **Saturday 27 July**

- 08:00 - 11:00 / 15:00 - 18:00
  - Registration Desk Open at Hotel Holiday Inn Lisbon Continental
- 09:00 - 14:00
  - Sports Competitions
- 18:00 - 23:00
  - Closing Ceremony and Gala Dinner at Estufa Fria

## 2. SPORTS VENUES

Changing rooms will be provided for athletes at each sports facility.

In all sports venues, athletes will have free access to water.

### 2.1 MINI MARATHON 5KM

*Venue:* Parque Florestal de Monsanto

*Address:* Keil do Amaral Amphitheater, Estr. Montes Claros, Lisboa, Portugal

*Location:* <https://maps.app.goo.gl/hcNDySaki3q8mwV28>

*Date:* Monday 22 July 2024

*Time:* 09:00-13:00

#### Venue Map:



Starting Point will be at the **RED** arrow.

Finish line will be at the **BLUE** arrow.



## 2.2 BADMINTON

*Venue:* Parque de Jogos 1º de Maio

*Address:* Av. Rio de Janeiro, 1700-330 Lisboa

*Location:* <https://maps.app.goo.gl/3gQzNdE9E3Z4g9g17>

### Day 1

Date: Monday 22 July 2024

Time: 09:00-17:00

### Day 2

Date: Wednesday 24 July 2024

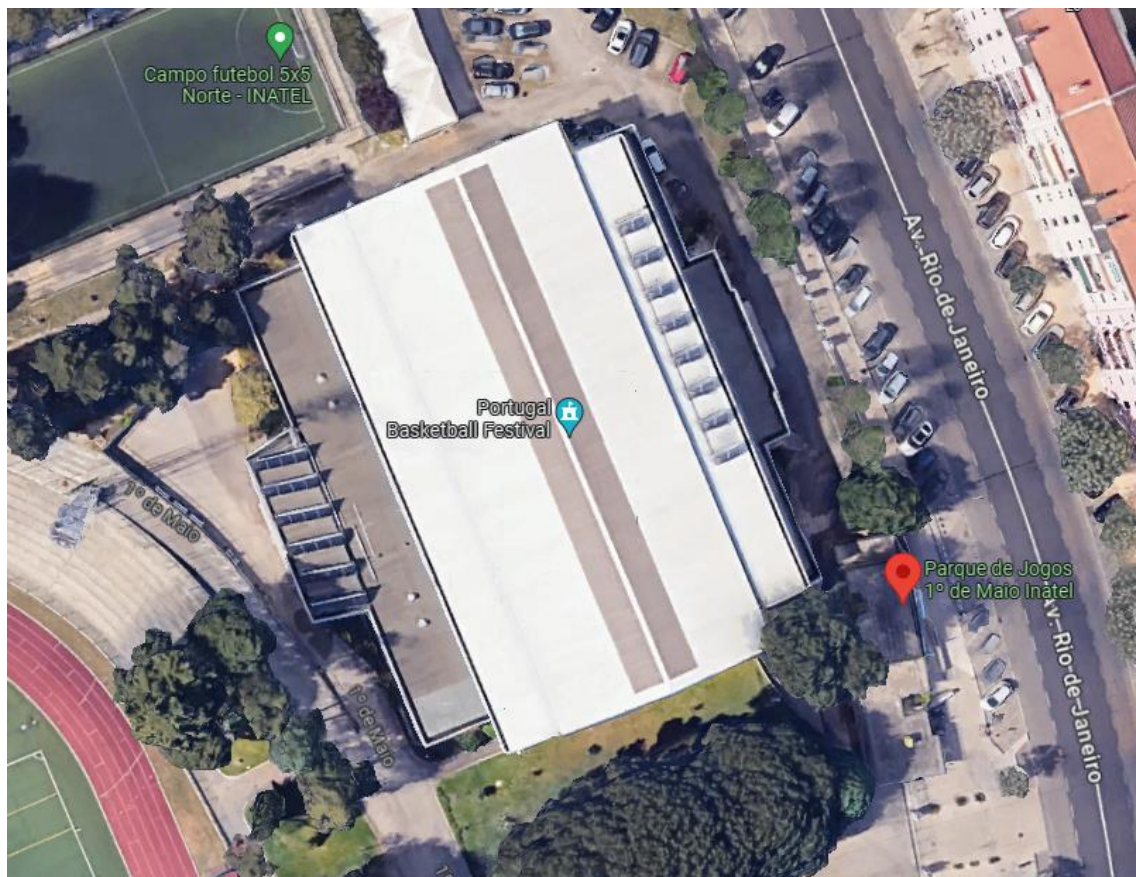
Time: 09:00-17:00

Practice Schedule (provisional and may change)

Date: Tuesday 23 July 2024

Time: 10:00-14:00

### Venue map:



## 2.3 TEN PIN BOWLING

*Venue:* Bowling Beloura Sintra

*Address:* Av. Pedro Álvares Cabral 230 Pavilhão A, 2714-544 Sintra

*Location:* <https://maps.app.goo.gl/BTKFnNPGW7JxYPJG7>

*Day 1 - Singles*

*Date:* Monday 22 July 2024

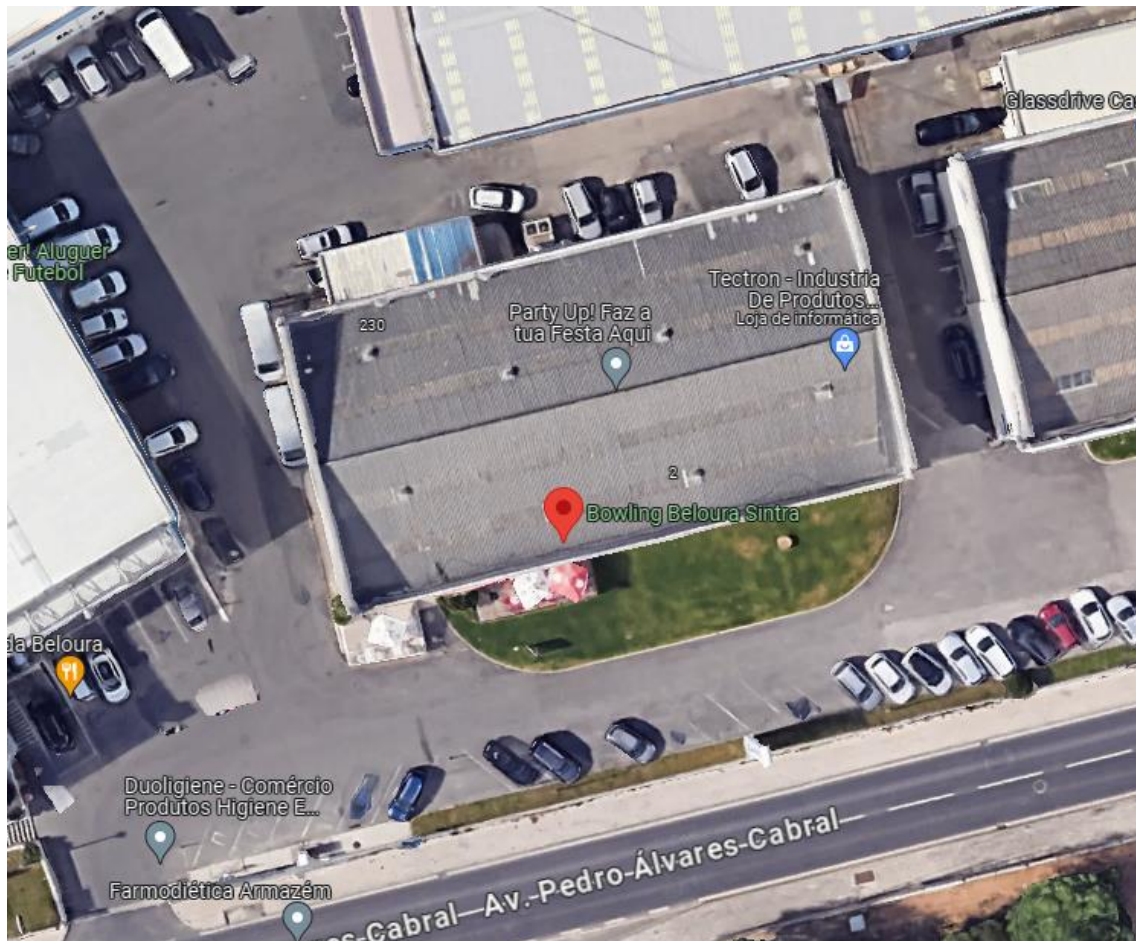
*Time:* 09:30-17:00

*Day 2 - Doubles*

*Date:* Tuesday 23 July 2024

*Time:* 09:30-17:00

***Venue map:***





## 2.4 CYCLING

*Venue: Autodrome Fernanda Pires da Silva*

*Address: Av. Alfredo César Torres, 2646-901 Alcabideche*

*Location: <https://maps.app.goo.gl/GTsq4MEwdNScqAvJ9>*

Day 1 - 5km Time Trial

Date: Wednesday 24 July 2024

Time: 10:00-13:00

Day 2 - Road Race 30km

Date: Thursday 25 July 2024

Time: 10:00-15:00

### **Venue map:**



Cyclists who do not intend to travel with their own bike and prefer to rent one in Lisbon, we have a partner who provides approximately 15 bikes for rent, subject to availability at the moment.

The bikes are SCOTT ADDICT 20, Ultegra 12V - available in sizes ranging from XS (48) to XXL (61). To rent them, please contact directly:

Renato Silva: [rsilva@caminhosdanatureza.pt](mailto:rsilva@caminhosdanatureza.pt)

+351 916 222 232

<https://portugalnaturetrails.com/>

## 2.5 DARTS

*Venue:* Pavilhão do Linhó

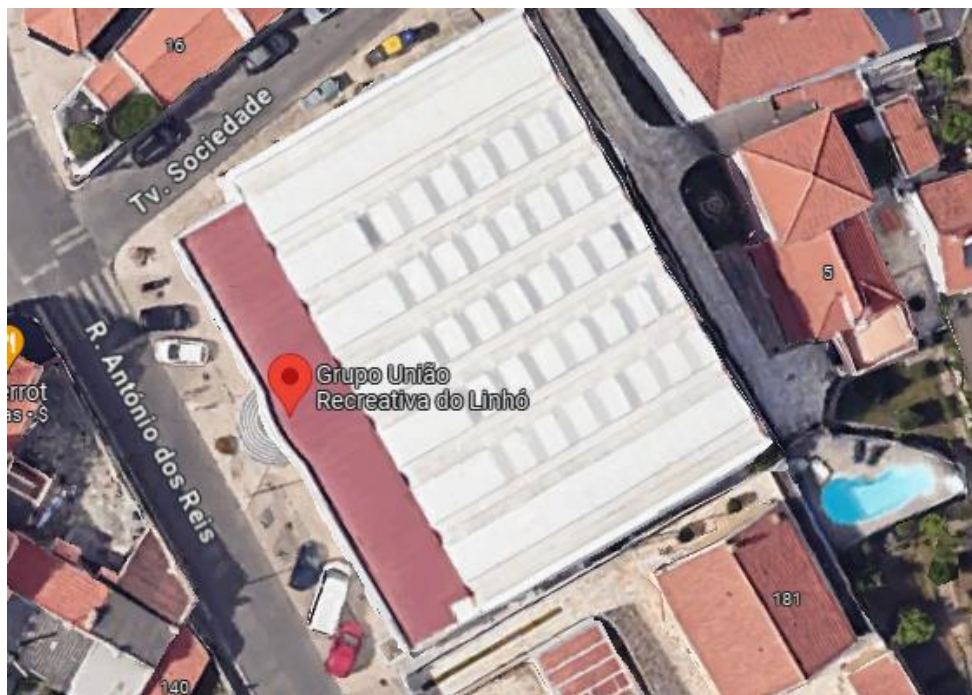
*Address:* Rua António dos Reis, 2710-302 Sintra

*Location:* <https://maps.app.goo.gl/8vfBLrfqBLyrdvtL8>

*Date:* Monday 22 July 2024

*Time:* 10:00-17:00

***Venue map:***



## 2.6 GOLF

*Venue:* Lisbon Sports Club

*Address:* Casal da Carregueira 2605-213 Belas

*Location:* <https://maps.app.goo.gl/ZL95dqHKx5prPdW86>

### Day 1 - Team Competition

Date: Wednesday 24 July 2024

Time: 09:30-15:00

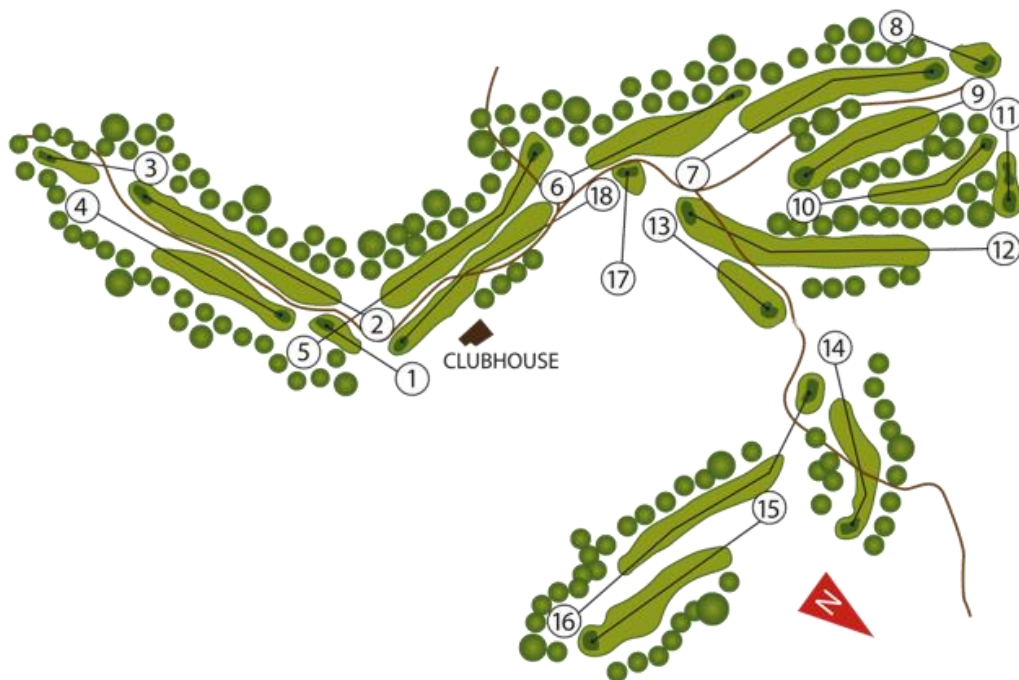
### Day 2 - Singles Competition

Date: Thursday 25 July 2024

Time: 10:30-16:00

- Athletes should have their own boules/balls

### Venue map:





## 2.7 PETANQUE

**Venue:** Clube de Petanca de São Pedro do Estoril

**Address:** Rua do Parque de Petanca, Estoril

**Location:** <https://maps.app.goo.gl/uZ55uCfaUhSWJ31Y7>

*Practice Schedule* (provisional and may change)

Date: Wednesday 24 July 2024

Time: 10:00-14:00

*Day 1 - Singles*

Date: Thursday 25 July 2024

Time: 10:00-17:00

*Day 2 - Doubles*

Date: Friday 26 July 2024

Time: 10:00-17:00

- Athletes should have their own boules/balls

**Venue map:**



## 2.8 TABLE TENNIS

**Venue:** Complexo Desportivo Municipal do Casal Vistoso

**Address:** R. João da Silva 20, 1900-271 Lisboa

**Location:** <https://maps.app.goo.gl/WeRFd7taLgxJ69x4A>

*Practice Schedule* (provisional and may change)

**Date:** Tuesday 23 July 2024

**Time:** 10:00-14:00

*Day 1 - Singles*

**Date:** Wednesday 24 July 2024

**Time:** 10:00-17:00

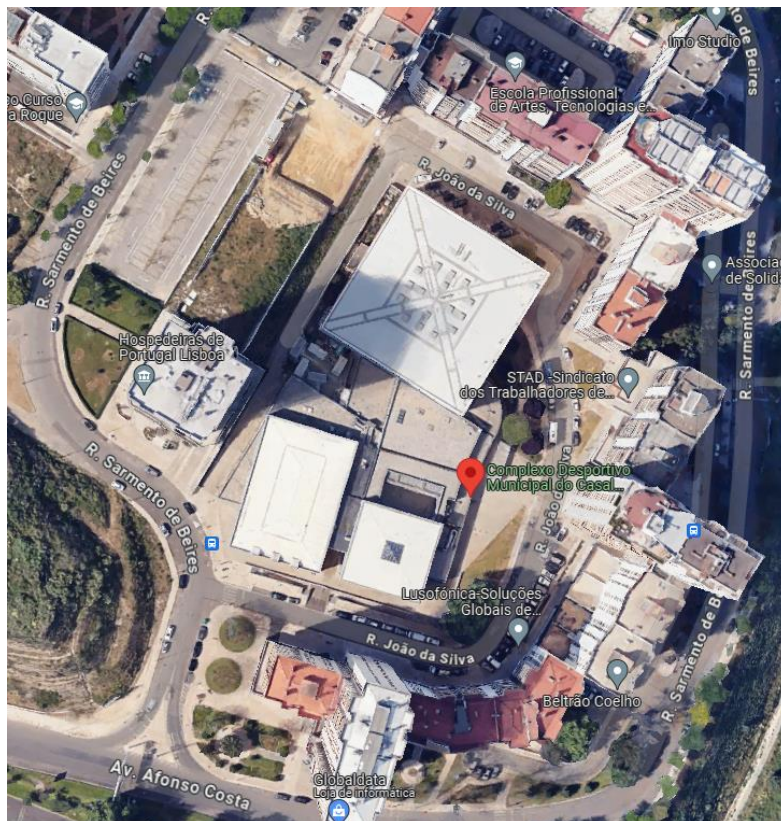
*Day 2 - Doubles*

**Date:** Thursday 25 July 2024

**Time:** 10:00-17:00

- The organiser will provide balls

**Venue map:**





## 2.9 TENNIS

**Venue:** Complexo de Ténis do Estádio Nacional Dafundo

**Address:** Avenida Pierre de Coubertin, 1495-751 Cruz Quebrada

**Location:** <https://maps.app.goo.gl/ZQ1tWnacCugKHbPx7>

*Practice Schedule* (provisional and may change)

Date: Monday 22 July 2024

Time: 10:00-14:00

*Day 1 - Singles*

Date: Tuesday 23 July 2024

Time: 09:00-17:00

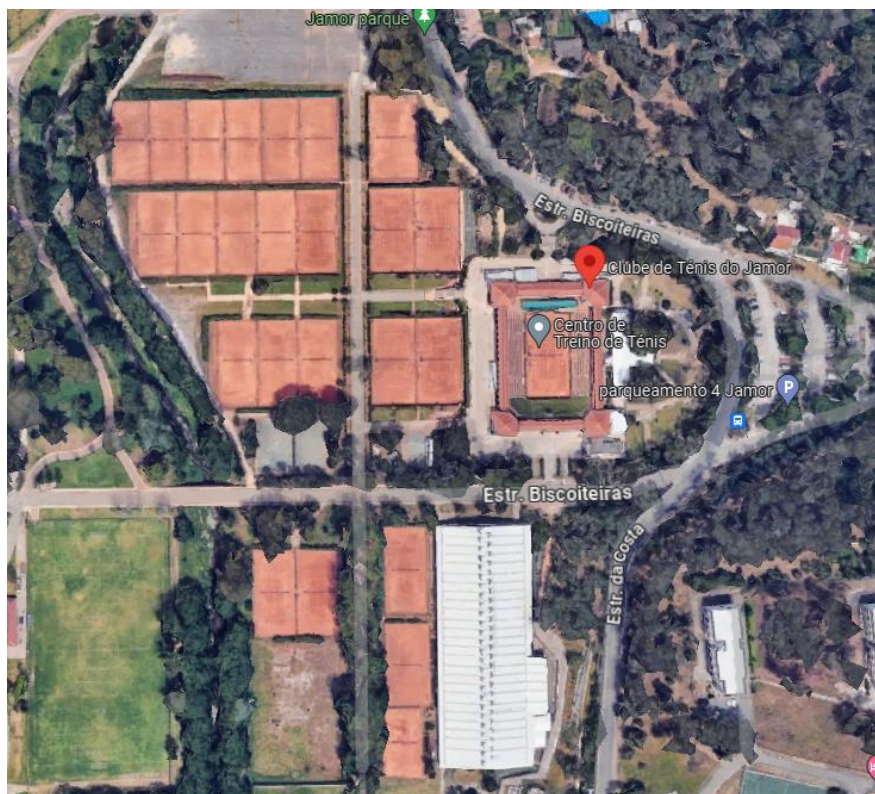
*Day 2 - Doubles*

Date: Friday 26 July 2024

Time: 09:00-17:00

- The organiser will provide balls

**Venue map:**



## 2.10 TRACK AND FIELD (Athletics)

**Venue:** Pista de Atletismo Municipal Professor Moniz Pereira

**Address:** Rua João Amaral, Lisboa

**Location:** <https://maps.app.goo.gl/U9fiN7AMaLpZDhv66>

*Practice Schedule* (provisional and may change)

**Date:** Thursday, 25 July 2024

**Time:** 10:00-14:00

*Day 1*

**Date:** Friday, 26 July 2024

**Time:** 09:00-16:00

Events:

- 100m
- 400m
- 1500m
- 3000m racewalk (women)
- Javelin
- Shot Put
- Long Jump (men)
- High Jump (women)

*Day 2*

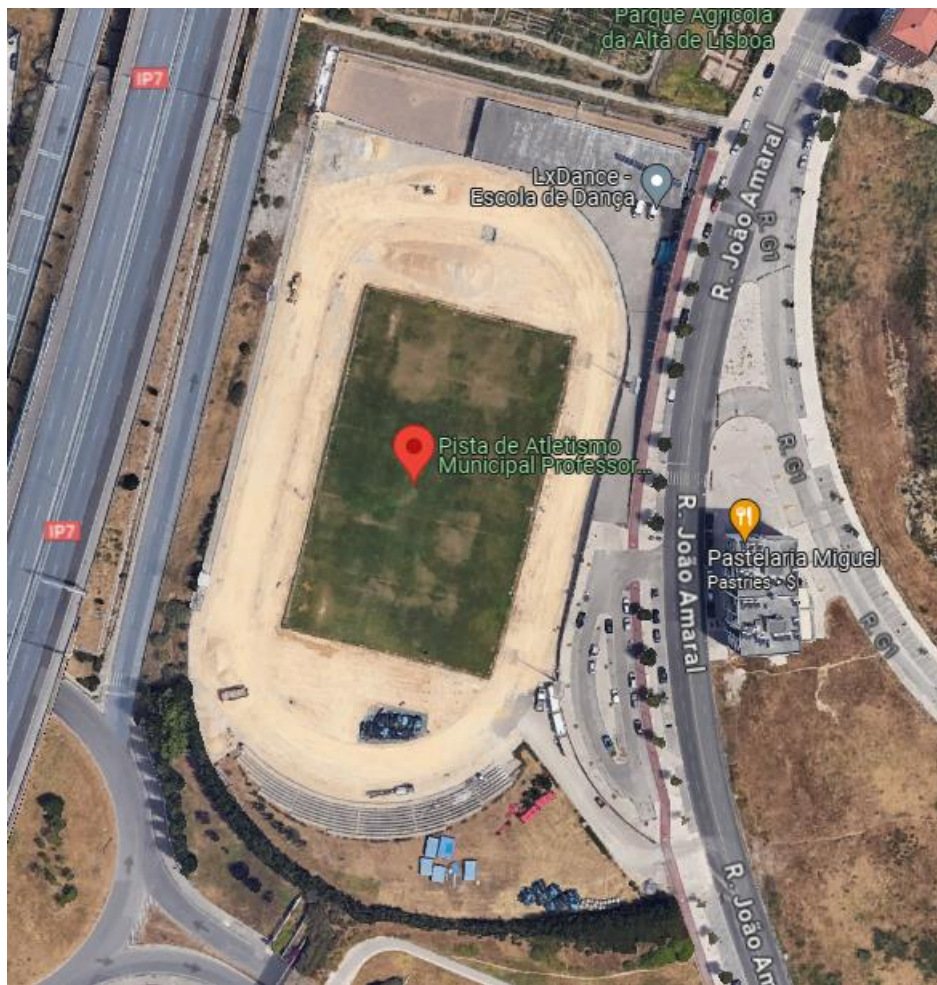
**Date:** Saturday, 27 July 2024

**Time:** 09:00-14:00

Events:

- 200m
- 800m
- 5000m Racewalk (men)
- 4x100m relay
- Discus
- Ball Throw
- Long Jump (women)
- High Jump (men)

### **Venue map:**



### **CIRCLE OF LIFE will be held after the Athletics event!**

The traditional event "Circle of Life" for transplant recipients is a symbolic and celebratory gathering that honors the journey of those who have undergone organ transplants. This event serves as a powerful reminder of the gift of life and the resilience of the human spirit.

During the "Circle of Life," participants often join hands to form a circle, symbolizing unity, continuity, and the interconnectedness of all those involved in the transplant process, including donors, recipients, families, and medical professionals. The event typically features inspiring speeches, personal testimonials, and moments of reflection to acknowledge the challenges and triumphs of the transplant journey.

The "Circle of Life" event aims to foster a sense of community and support among transplant recipients, celebrate their renewed health and vitality, and raise awareness about the importance of organ donation. It is a heartfelt occasion that underscores the profound impact of transplantation and the enduring bonds it creates.



## 2.11 VOLLEYBALL

*Venue:* Parque de Jogos 1º de Maio

*Address:* Av. Rio de Janeiro, 1700-330 Lisboa

*Location:* <https://maps.app.goo.gl/3gQzNdE9E3Z4g9g17>

*Practice Schedule* (provisional and may change)

Date: Tuesday 23 July 2024

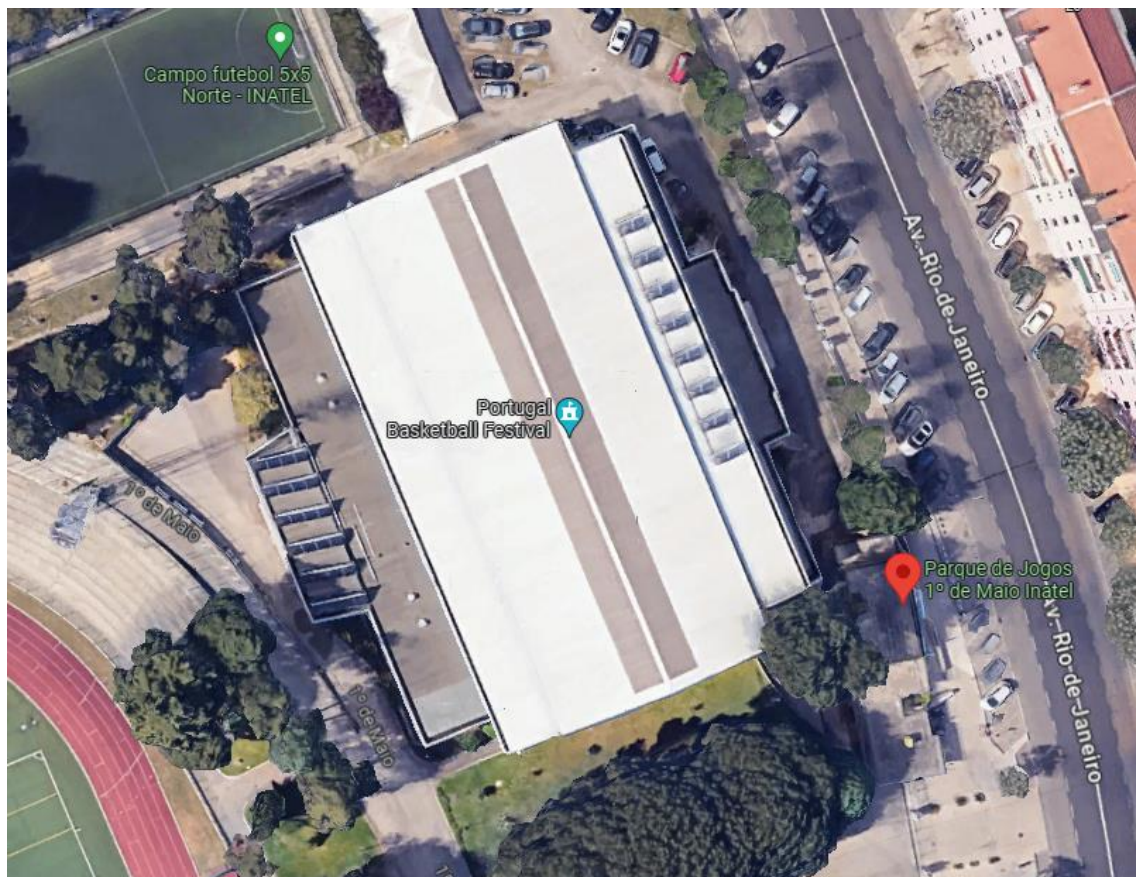
Time: 10:00-14:00

*Competition*

Date: Wednesday 24 July 2024

Time: 10:00-15:00

**Venue map:**



## 2.12 SWIMMING

*Venue:* Complexo de Piscinas do Jamor

*Address:* Av. Pierre Coubertin, 1495-688 Cruz Quebrada

*Location:* <https://maps.app.goo.gl/Tz9DGMFGSwAmf5MP94>

*Practice Schedule* (provisional and may change)

Date: Monday 22 July 2024

Time: 10:00-14:00

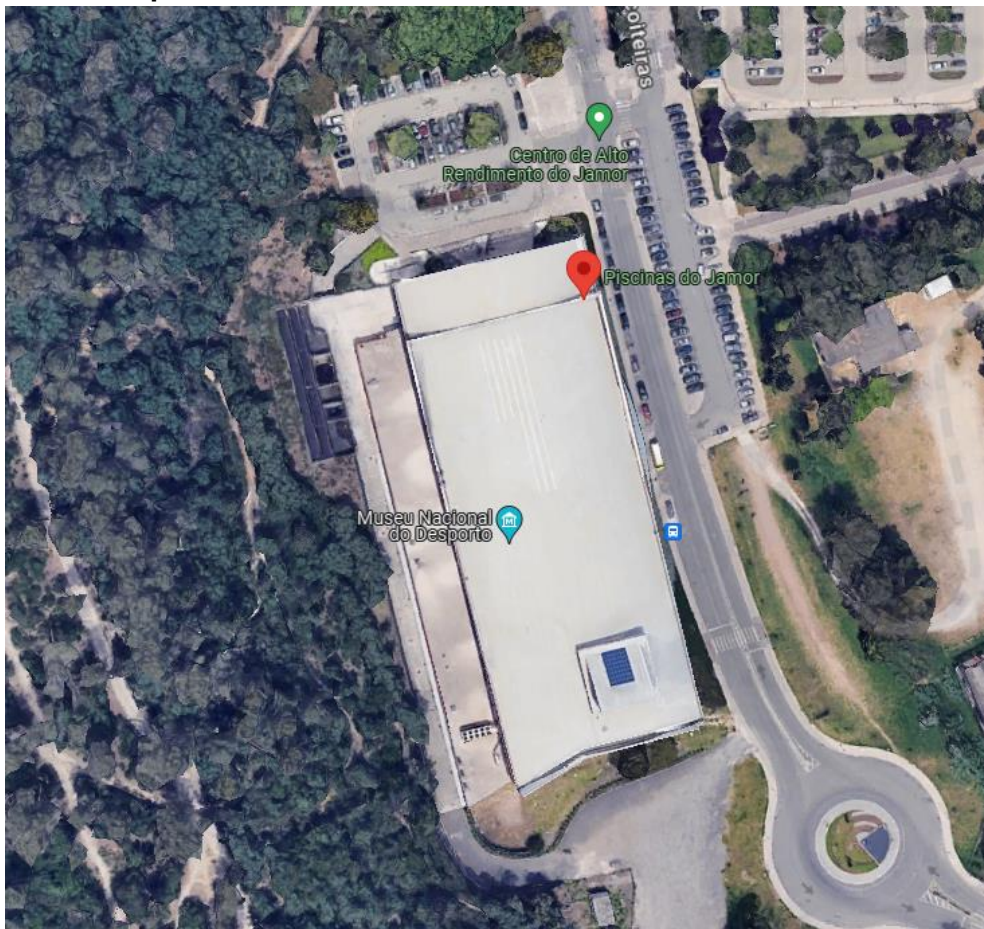
*Competition*

Date: Tuesday 23 July 2024

Time: 09:00-15:00

- There will be a lane or two reserved for warming up
- It is held on 50m swimming pool (Olympic swimming pool)

**Venue map:**





## 2.13 PADEL

Venue: Lisboa Racket Centre

Address: R. Alferes Malheiro, 1700-025 Lisboa

Location: <https://maps.app.goo.gl/yQgVg3negqyfJHWA>

Practice Schedule (provisional and may change)

Date: Friday 26 July 2024

Time: 10:00-14:00

Competition

Date: Saturday 27 July 2024

Time: 09:00-14:00

- The organiser will provide balls

**Venue map:**



## **2.12 VIRTUAL TRIATHLON / DUATHLON**

This event will be contested by adding the individual times in the following events:

Triathlon:

- 5km              Road Race
- 400m            Freestyle swim
- 30km            Cycling

Duathlon:

- 1500m           Run
- 30km            Cycling

To be eligible, an athlete must be deemed to have competed in each of the two/three events according to the rules of the event.

## **3. WARM-UP AND TRAINING SESSIONS**

Each facility also provides training opportunities for athletes. The time slots can be checked at the individual sports venues and are subject to change at short notice.

## 4. ACCOMMODATION

We understand that comfortable and convenient accommodation is essential for a memorable experience during the European Transplant Sports Championships. Our accommodation options cater to a variety of preferences and budgets, ensuring that participants, supporters, and volunteers have a pleasant stay throughout the event.

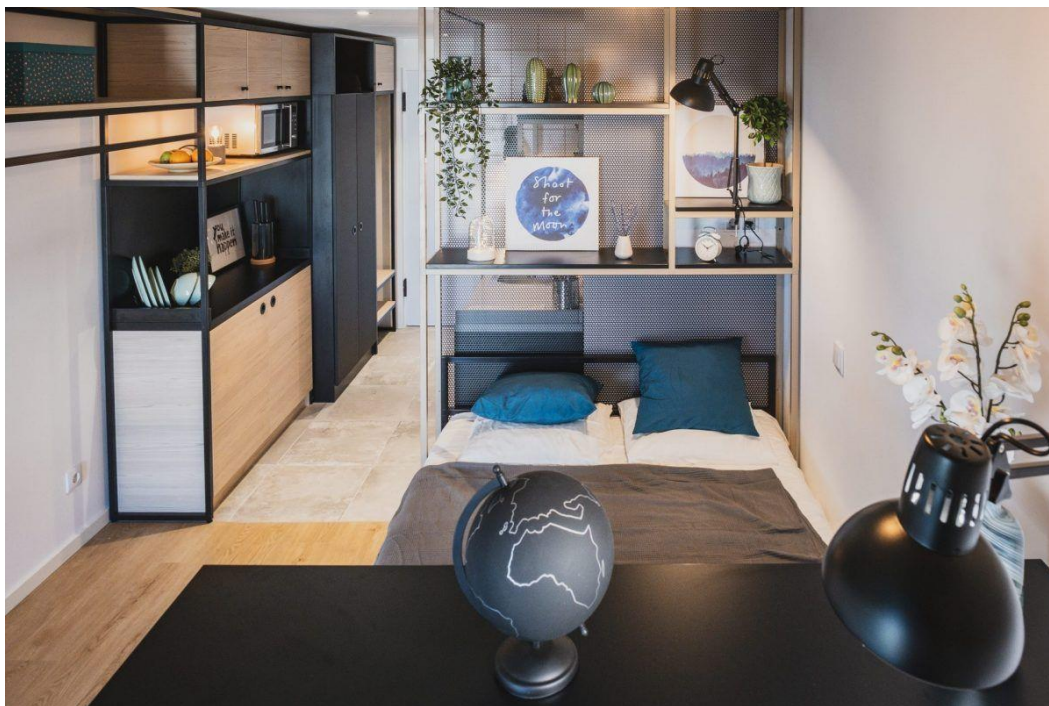
### 4.1 UNIVERSITY

University accommodation is available at Carcavelos. Single rooms and double rooms are available in Carcavelos, which is approximately 15 km away from Lisbon city centre. Carcavelos is a very nice beach area and all athletes/supporters located there will have transportation arranged by the LOC to all Sports Venues and Social Events. All single and double rooms in Carcavelos have air conditioning.

Milestone Carcavelos Lombos

Address: R. Q.ta da Lobita, 2775-621 Carcavelos

Location: <https://maps.app.goo.gl/KWMSu3qgBMF1phYm8>



Teams: Andorra, Austria, Czechia, Denmark, Finland, France, Germany, GB&NI, Italy, Luxembourg, Netherlands, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland.

### MEALS

- Breakfast and Lunch Boxes will be ready to pick-up at 07:00 near the cooking area
- Dinner Box will be ready to pick-up at 19:00

## 4.2 VIP EXECUTIVE ZURIQUE HOTEL

This hotel is located in the city center of Lisbon, 100 meters from Entrecampos Train Station, and offers a seasonal outdoor pool and a terrace. Free Wi-Fi and parking are available for an additional fee. All 252 air-conditioned rooms at the VIP Executive Zurique Hotel feature a flat-screen satellite TV and a desk. Each accommodation has a private bathroom and free toiletries. The Infante Restaurant serves international and traditional Portuguese cuisine and can accommodate 120 people. There is also a self-service buffet restaurant offering lighter meals. The hotel also has 10 conference rooms suitable for congresses, meetings, conferences, or banquets, with a capacity for up to 300 people, and abundant natural light. The VIP Zurique Hotel is close to the gardens and museums of the Calouste Gulbenkian Foundation and a 7-minute walk from Campo Pequeno Metro Station. Lisbon International Airport is a 15-minute drive away.

**Check-In:** after 14:00

**Check-Out:** until 12:00

Address: R. Ivone Silva 18, 1050-124 Lisboa

Location: <https://maps.app.goo.gl/U4RyMA3NTrGiZDh78>



Teams: Denmark, Finland, France, Germany, GB&NI, Non-European, Norway

## MEALS

- Breakfast will be served from 07:00 to 10:00
- Lunch boxes will be ready to pick-up at the reception during breakfast time
- Dinner will be served at NOVA FCSH from 19:00-20:30 canteen with the exception of Sunday 21th with dinner being served as a package and delivered at the hotel



### 4.3 VIP INN BERNA

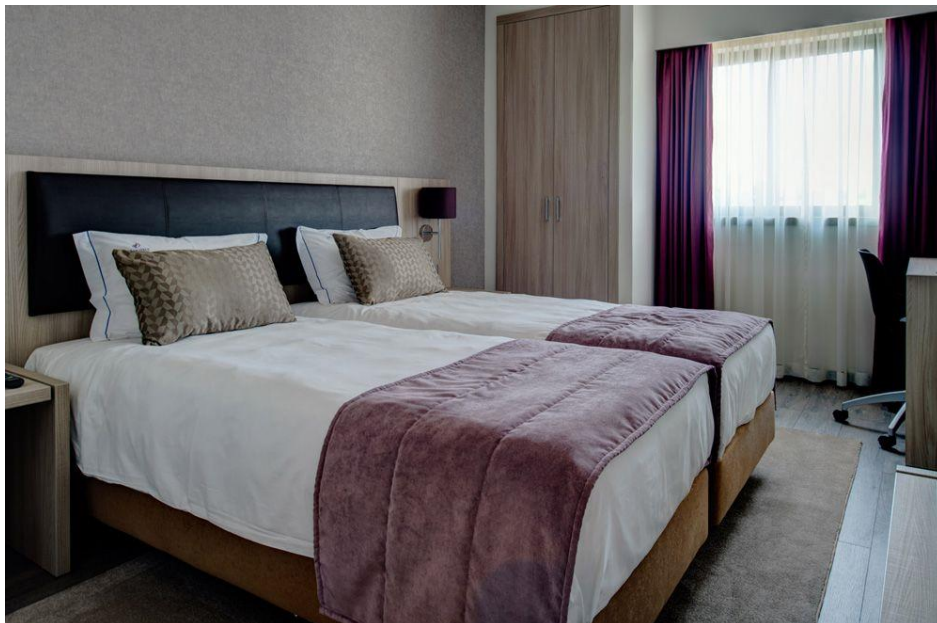
The Vip Inn Berna Hotel is just 300 meters from Campo Pequeno Metro Station and offers air-conditioned rooms with a television. Amenities include a cozy bar, free Wi-Fi, and a 24-hour reception. The rooms at Hotel Vip Inn Berna are decorated with wooden furniture and carpeted floors. All rooms include a desk, a hairdryer, and a private bathroom. Every morning, guests can enjoy a local and international breakfast. The bar serves a variety of drinks and light meals. Room service is also available. Guests wishing to explore Lisbon by car can rent one at the 24-hour reception of the Vip Inn Berna. The hotel also provides laundry facilities, fax and photocopying services, and currency exchange. The Calouste Gulbenkian Museum is 1 km from the Vip Inn Berna Hotel and Lisbon's historic center is 3.5 km away. Humberto Delgado International Airport is about 4.6 km from the hotel.

**Check-In:** after 14:00

**Check-Out:** until 12:00

Address: Av. António Serpa 13, 1069-199 Lisboa

Location: <https://maps.app.goo.gl/jaAH4urCBxDTYKd2A>



Teams: Italy, Netherlands, Poland, Sweden

### MEALS

- Breakfast will be served during the week from 07:00 until 10:00 and on weekends from 07:00 until 10:30.
- Lunch boxes will be ready to pick-up at the reception during breakfast time
- Dinner will be served at NOVA FCSH from 19:00-20:30 canteen with the exception of Sunday 21<sup>th</sup> with dinner being served as a package and delivered at the hotel



#### 4.4 HOLIDAY INN EXPRESS LISBOA ALFRAGIDE

The Holiday Inn Express Lisbon Alfragide features modern, air-conditioned rooms with private bathrooms, a lounge bar, two bright meeting rooms, and a 24-hour reception. Lisbon city center can be reached in a 15-minute drive. The stylish rooms are accessible by elevator and equipped with a seating area with a flat-screen TV, a desk, free Wi-Fi, and tea and coffee-making facilities. The private bathroom includes a shower and a hairdryer. Some rooms also feature a sofa bed. In the morning, a continental breakfast buffet is served at the hotel. The 24-hour lounge bar offers comfortable armchairs where guests can relax with Portuguese drinks and snacks. The Holiday Inn Express is about a 10-minute walk from several restaurants, cafes, and the Alegro Alfragide shopping center. Belém Tower and Padrão dos Descobrimentos can be reached in a 15-minute drive. The Holiday Inn Express Lisbon Alfragide is 11.4 km from Lisbon Humberto Delgado International Airport.

**Check-In:** after 15:00

**Check-Out:** until 12:00

Address: R. Q.ta do Paizinho 11, 2790-236 Carnaxide

Location: <https://maps.app.goo.gl/X5n5pJQVWzfMvTwc9>



Teams: Hungary

#### MEALS

- Breakfast will be served from 07:00 until 10:30.
- Lunch boxes will be ready to pick-up at the reception during breakfast time (only by the Team Manager)
- Dinner will be served at the hotel from 19:30 until 21:00, with the exception of 26/07/2024 where dinner will take place between 21:00 and 23:30 (last entry needs to be at least 30 minutes before closing time).

#### 4.5 AMAZONIA JAMOR HOTEL

The Amazonia Jamor Hotel is a 3-star hotel located directly in front of Lisbon's National Stadium. It offers indoor and outdoor pools as well as tennis courts. Free parking is also available. The air-conditioned rooms at the Amazonia Jamor Hotel feature modern amenities such as cable TV and a large desk. Some rooms have been recently renovated. The hotel is a 25-minute drive from Lisbon Airport.

**Check-In:** after 16:00

**Check-Out:** until 12:00

Address: Av. Tomás Ribeiro 129, 2790-446 Queijas

Location: <https://maps.app.goo.gl/VrBgMY5QWUXfkGtJ6>



Team: Belgium

#### **Meals:**

- Breakfast from 07:00 until 10:30.
- Lunch boxes will be ready to pick-up at the reception during breakfast time
- Dinner will be served at the hotel from 19:30 until 21:30.

#### 4.6 HOTEL 3K BARCELONA

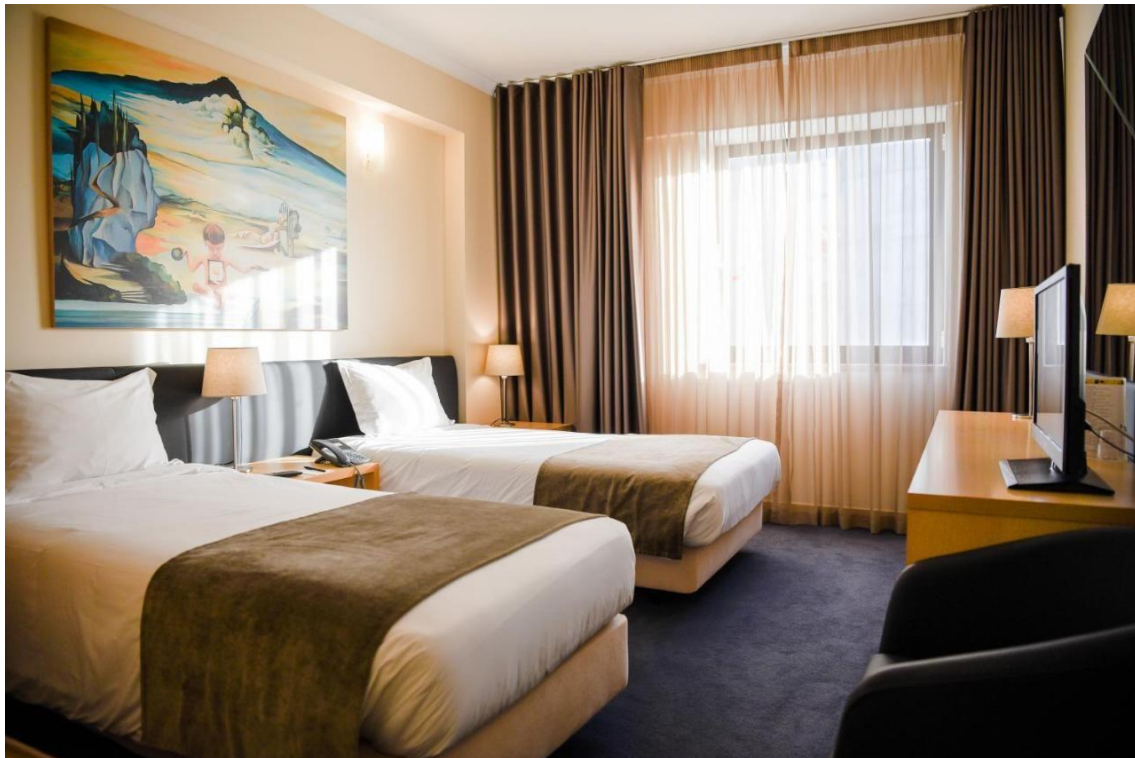
This hotel in the city center of Lisbon is located 300 meters from Campo Pequeno Metro Station and 5 km from Lisbon Airport. The hotel offers a bar and a 24-hour reception. The air-conditioned rooms at Hotel 3K Barcelona feature an LCD cable TV and a minibar. All rooms have a private bathroom and a hairdryer. Some of the rooms have been recently redesigned with themes of Barcelona and its most famous artists. Wi-Fi is available free of charge in all areas of the hotel. At 3K Barcelona Hotel, you can enjoy a breakfast buffet with fresh, seasonal ingredients and relax with a refreshing drink at the bar. The Calouste Gulbenkian Foundation is a 5-minute walk away. Private parking is available for a daily fee. Additionally, car rental services are offered on-site.

**Check-In:** after 15:00

**Check-Out:** until 12:00

Address: R. Laura Alves 10, 1050-138 Lisboa

Location: <https://maps.app.goo.gl/JkrVSwZUebhXgkCz74>



Teams: Cyprus, Germany, Greece, Ireland, Italy, Non-European, Spain

#### MEALS:

- Breakfast will start 07:00 and closes at 10:30 during the week, and opens 07:00 and closes at 11:00 on the weekends.
- Lunch boxes will be ready to pick-up at the reception during breakfast time
- Dinner will be served at NOVA FCSH from 19:00-20:30 canteen with the exception of Sunday 21<sup>th</sup> with dinner being served as a package and delivered at the hotel

#### 4.7 HOLIDAY INN LISBON-CONTINENTAL

This hotel enjoys a central location between Avenida República and Avenida Berna, just 10 minutes by subway or car from downtown Lisbon. The property offers modern rooms with a flat-screen TV. Facilities include a fitness center. The air-conditioned rooms at Holiday Inn Lisbon-Continental are decorated in warm colors and equipped with hardwood floors. All rooms feature a kettle, a desk, and a private bathroom. Staff at Holiday Inn Lisbon-Continental are available 24/7 and are happy to provide packed lunches or arrange car rentals for guests. Guests can use the fitness room free of charge. The restaurant at Holiday Inn Lisbon-Continental serves a hearty American breakfast, international dishes, and traditional Portuguese cuisine. Room service is also available. The Calouste Gulbenkian Museum and Campo Pequeno Metro Station are within easy walking distance.

**Check-In:** after 14:00

**Check-Out:** until 12:00

Address: R. Laura Alves 9, 1069-169 Lisboa

Location: <https://maps.app.goo.gl/WbG3H1NFkSsq8P7L8>



Teams: Finland, France, GB&NI, Netherlands, Sweden

#### Meals:

- Breakfast will start at 06:30 and close at 10:30 during the week and will be open from 07:00 to 11:00 during the weekend.
- Lunch boxes will be ready to pick-up at the reception during breakfast time
- Dinner will be served at NOVA FCSH from 19:00-20:30 canteen with the exception of Sunday 21<sup>th</sup> with dinner being served as a package and delivered at the hotel



## 5. CEREMONIES & PARTY

### 5.1 OPENING CEREMONY

The opening ceremony of the European Transplant Sports Championship not only celebrates athletic achievement but also the spirit of life, health, and community.

The ceremony will commence with a parade and the raising of the two Federations flags. These symbols represent unity and the collective commitment to sportsmanship and solidarity. Following this, a local dignitary, along with the Presidents of the two Federations, will officially declare the Championships open, marking the start of what promises to be a series of inspiring competitions. Next, a representative of the host nation will read the oath of fair play, affirming our dedication to integrity, respect, and excellence in sports. The ceremony will conclude with speeches from the representatives of the Federations, who will share their messages of support, encouragement, and hope.

We look forward to a successful and fair competition. Let the spirit of sports bring us together and inspire us all.

**Day:** 21<sup>st</sup> July 2024 (Sunday)

**Time:** 18:00 – 19:00

**Venue:** JARDIM VASCO DA GAMA, RUA VIEIRA PORTUENSE, LISBOA

<https://maps.app.goo.gl/CXmdbdJ2ECsiUTrf6>

Buses from the hotels will transfer participants to the venue (exact shuttle times will be published later on the website). At the venue, you will find signs indicating the participating countries. Please gather at your respective country's sign. A small parade will be held, and team photos will be taken. After the ceremony concludes, shuttles will transport you back to your hotel.

### 5.2 GALA DINNER

Around 17:30, buses from the hotels will transfer participants to the venue (exact shuttle times will be published on the website). At the Gala Dinner, you will receive a welcome drink. The tables will be arranged by country. During the dinner, there will be music, several speeches, honors awarded, and the announcement of the hosts for the upcoming edition.

**Day:** 27<sup>th</sup> July

**Time:** 19:00 - 23:00

**Venue:** ESTUFA FRIA, PARQUE EDUARDO VII, 1070-051 LISBOA

<https://maps.app.goo.gl/cQZ6YTqw9HF4ch6N8>



### **5.3 CULTURAL EVENING**

On Wednesday, July 27, 2024, a Cultural Evening will be held. This event will take place from 20:30 to 23:00 at NOVA FSCH.

"FADO" is a traditional Portuguese music genre known for its expressive and melancholic character. It is often performed by a solo singer, accompanied by classical guitar and the Portuguese guitar. The themes of Fado typically revolve around longing, fate, and the trials of life. This soulful music style has deep cultural roots in Portugal and is recognized for its emotional depth and haunting melodies. During the Cultural Evening, attendees will have the opportunity to experience the rich tradition of Fado and gain insight into an essential aspect of Portuguese heritage.

There will be an opportunity to purchase drinks. Transportation will be provided from the hotels.

# 6. COMPETITION

## 6.1 SPORTS SCHEDULE

VENUE	MONDAY JULY 22	TUESDAY JULY 23	WEDNESDAY JULY 24
PARQUE DE JOGOS 1º MAIO		VOLLEYBALL	VOLLEYBALL
PISTA ATLETISMO Moniz Pereira			
CLUBE PETANCA S.PEDRO ESTORIL			PETANQUE
CASAL VISTOSO		TABLE TENNIS	TABLE TENNIS
PARQUE DE JOGOS 1º MAIO	BADMINTON	BADMINTON	BADMINTON
BOWLING BELOURA	BOWLING	BOWLING	
JAMOR	TENNIS	TENNIS	
LISBOA RACKET CENTRE			
LISBON SPORTS CLUB			GOLF
PARQUE FLORESTAL MONSANTO	MINI-MARATHON 5K		
PAVILHÃO DO LINHÓ	DARTS		
AUTODROMO DO ESTORIL			CYCLING
JAMOR	SWIMMING	SWIMMING	

 PRACTICE

 COMPETITION

VENUE	THURSDAY JULY 25	FRIDAY JULY 26	SATURDAY JULY 27
PARQUE DE JOGOS 1º MAIO			
PISTA ATLETISMO Moniz Pereira	ATHLETICS	ATHLETICS	ATHLETICS
CLUBE PETANCA S.PEDRO ESTORIL	PETANQUE	PETANQUE	
CASAL VISTOSO	TABLE TENNIS		
PARQUE DE JOGOS 1º MAIO			
BOWLING BELOURA			
JAMOR		TENNIS	
LISBOA RACKET CENTRE		PADEL	PADEL
LISBON SPORTS CLUB	GOLF		
PARQUE FLORESTAL MONSANTO			
PAVILHÃO DO LINHÓ			
AUTODROMO DO ESTORIL	CYCLING		
JAMOR			

 PRACTICE

 COMPETITION

## 6.2 MEDALS

Gold, silver and bronze medals will be awarded for the 1st, 2nd and 3rd placed in each event category.



## 6.3 SPECIAL TROPHIES

Special trophies are presented during the Closing Ceremony. Trophies are for special recognition for teams and/or individual athletes.

## 7. TRANSPORTATION

Efficient and reliable transportation is a key aspect of the European Transplant Sports Championships 2024. We have meticulously planned the transportation schedule to ensure smooth and timely transfers for participants. **This service is only available to participants with an accommodation package.**

LOC will provide transportation to sport venues from official accommodation hotels for those who have selected the accommodation package. Competitors will have priority for transport to and from the sports venues to ensure they arrive on time for their events.

Exact departure times for the buses will be provided on the website to ensure maximum flexibility. However, please note that delays due to traffic may occur.

**Daily Transportation Schedule:** The daily transportation schedule, detailing the pick-up and drop-off times, is available on our website. Please refer to the website regularly to stay updated with any changes or adjustments.

**Transfer Details:** Our transfer system has been designed to be as effective as possible, taking into consideration several crucial factors:

- The number of participants per accommodation
- The specific sports each participant is involved in
- The start and end times of each sport
- The locations of all sports venues

**Important Note:** Please be punctual for your scheduled pick-up times to ensure the smooth operation of the transportation system for all participants. However, please be aware that delays can occur due to traffic conditions and the complexities involved in managing a large event. We appreciate your patience and understanding in such instances.

We appreciate your cooperation in making the transportation process efficient and stress-free for everyone.

## 7.1 AIRPORT TRANSFERS

Airport transportation to accommodation hotels is provided by LOC to those with full package with accommodation or to those with a day package with accommodation arriving on the days that airport transportation is provided.

Arrival airport transportation

- Saturday 20th July (20.7.2024)
- Sunday 21st July (21.7.2024)

Departure airport transportation

- Sunday 28th July (28.7.2024)

LOC can only provide transportation to those who have given their arrival and departure information in advance. **There will be ETSC 2024 staff at the airport to help you find your transfer.**

These transfers have been organized based on the flight information provided by participants. If there is a delay or a change in your flight time, we cannot guarantee a fixed seat but will do our best to provide a transfer as soon as possible.

The transfer will group people together and transport them to the central parking/meeting point in front of the **VIP Executive Zurique**. The Registration Desk is located at the Holiday Inn Lisbon Continental, which is within walking distance.



If you are arriving outside of the given airport transportation days, then you are advised to use the public transportation or taxis at your own expense. The Metro system takes passengers from Airport to Lisbon City Center and the Metro station is located near the hotel where ETSC office is located.

Important Note: Please be punctual for your scheduled pick-up times to ensure the smooth operation of the transportation system for all participants. However, please be aware that delays can occur due to traffic conditions and the complexities involved in managing a large event. We appreciate your patience and understanding in such instances.

We appreciate your cooperation in making the transportation process efficient and stress-free for everyone.

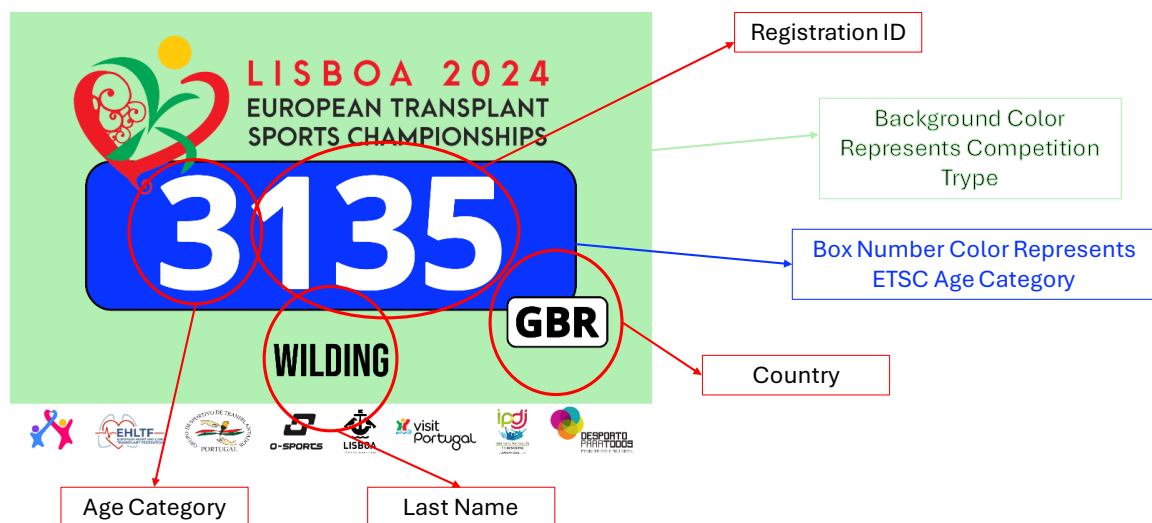
Participants will pick up their badges and bibs between 10:00 and 20:00 on Saturday and between 08:00 and 20:00 on Sunday. Afterwards, they can walk to their nearby hotels (VIP Inn Berna, VIP Executive Zurich, and 3K Barcelona). Additional accommodations will be serviced by another shuttle (departure: VIP Zurich parking lot) that will go to the University, Amazonia Jamar, and Holiday Inn Express.

Exact departure times for the buses will be provided on the website to ensure maximum flexibility. However, please note that delays due to traffic may occur.

## 8. EVENT BADGES

Each registered participant, supporter, and staff will receive a badge at registration. The badge will clearly display the type of registration, ensuring seamless access to venues and services. Badges will be placed in a clear plastic pocket and attached to a lanyard for easy visibility and convenience. You should carry it at the times when circulation in the event.

### RACE NUMBER / BIB NUMBER



- The background color represents the competition category
- The color box represents the age group
- The three letters represent the country
- The Surname will be below the box number
- One number represents the age category and the other three represents the registration ID

### BADGE and BIB DELIVERY

The badges and bibs will be distributed at the Registration Desk located at the Hotel Holiday Inn Lisbon Continental.

## 9. TEAM MANAGERS MEETING

- A Team Managers' Meeting will be held daily, starting the day before the first competition day. These meetings facilitate communication between Team Managers, the LOC, and the two Federations.
- The primary goal of these meetings is to ensure effective staging of the Championship events. Team Managers must address any issues with incorrect entries by the second meeting at the latest.
- Meetings generally last 1 hour, with a maximum duration of 1.5 hours.

## 10. MEDICAL ARRANGEMENTS

All athletes need to fill in a Medical Form and must always carry it with them during ETSC 2024. LOC advises athletes to fill in the Medical Form with their doctor and use the most recent medical data. Medical information is not submitted to the LOC before the Championships and is only intended to be used in case of medical emergency.

All athletes are advised to have their own travel insurance and the information about the insurance must be indicated on the Medical Form.

In case of medical emergency athletes or accompanying persons are advised to present the Medical Form to the Medical staff as base information.

The event will have on-site trained paramedics equipped with the necessary supplies (including 1 DAE-Automated external defibrillator) to assist with major injuries or other emergencies.

## 11. OFFICIAL ETSC MEDIA CHANNELS

- The official event website is now online at <https://www.eu-tsc.org/> (Results and schedule can also be found there)
- Facebook: <https://www.facebook.com/ETSCChampionships>
- Instagram: <https://www.instagram.com/ets.champs/>
- Twitter/X: <https://twitter.com/etschamps>

There may be unofficial accounts or websites claiming to be affiliated with. Please be cautious and only trust information from the channels listed above.

## 12. CONTACTS

### Useful Contacts:

- National emergency: +351 112
- National Health System: +351 808 24 24 24
- Civil protection: +351 800 910 725
- Police: +351 808 202 036
- Fire Brigade: +351 800 913 913
- Lisbon Airport: +351 218 413 500
- Taxi: +351 933 201 957 / +351 212 449 390 / +351 932 810 071

### Hotels:

- Milestone Carcavelos Lombos: +43 1 90614
- VIP Executive Zurich Hotel: +351 21 781 4000
- VIP Inn Berna Hotel: +351 21 781 4300
- Holiday Inn Express Lisboa Alfragide: +351 21 400 9200
- Amazônia Jamor Hotel: +351 21 114 7830
- Hotel 3K Barcelona: +351 21 795 4273
- Holiday Inn Lisbon – Continental: +351 21 004 6000

The preferred way of contacting the organizers is by email at:

[LOC@EU-TSC.ORG](mailto:LOC@EU-TSC.ORG)

In case of urgent matters related to the event, please contact:

Tel. +351 917207849

In case of medical emergency, please contact:

Tel. +351 939739052



## 13. GENERAL OVERVIEW (SPORTS, ACCOMODATION, CEREMONIES)

[Click here for the link of the Venue Map](#)

